

# CAMP-KARATer

POINTING YOUTH TO TREASURES OF  
HEALTHY DECISIONS

KARATer ©

**K**indness  
**A**ssertiveness  
**R**esponsibility  
**A**bstinence  
**T**olerance  
**E**mpathy  
**R**espect

## Camp KARATer Co-Sponsors:

- 100 Black Men of Montgomery
- Pastor Paul Gourdine and Community Congregational Church
- Difference Makers Youth Organization
- Prestige Consulting & Designs
- AL/West FL United Methodist Women Conference

For more information about Camp  
KARATer contact:

Andrea Rogers Price,  
SKIP, Inc. Director of Programs  
Tel: 334-833-2817  
Email: apriceatpsa@gmail.com

## Save Kids of Incarcerated Parents



In 2009, SKIP, Inc. celebrated 30 years of serving the special needs of children whose parents are incarcerated.

SKIP's approach is comprehensive and involves the child(ren) and their caregiver. It is our hope to increase public awareness through efforts that will address the issues and concerns of children of prisoners and their caregivers.

Children of incarcerated parents possess unique needs and have gone unrecognized for far too long. They are often times **S**tigmatized, **T**raumatized, **O**stracized, and **P**enalized for what their parent(s) might have done.

It is our goal to help **STOP** the cycle of incarceration and assist the children by:

- providing programs and services such as education and social enrichment, mentoring and family referral services for children and their caregivers.
- advocating on behalf of SKIP's children in efforts to increase public awareness of the underlying problems of these children as victims.

For more information about SKIP, Inc.  
contact:

Gloria Jean Canty, Executive Director  
Tel: 334-269-4141  
Email: skipinc@bellsouth.net  
Website: www.skipinc.org

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**August 8 - 13, 2011**  
**9:00 am - 2:00 pm Daily**

**3481 S. Court Street**  
**Montgomery, Alabama**

**A Summer Camp Character Education Program**



**PROGRAM DESCRIPTION:**

This fun filled 6-day summer camp character education program is designed to help young participants with life through a structured program fostering self esteem, providing role models and influencing positive choices.

The program helps to promote the development of leadership and positive attitudes in youth.

Learning and life skills are taught to youth alike, offering them a strong and compelling foundation while providing a character compass to guide them through difficult situations and choices.

The goal is to instill positive character traits in the youths while building constructive minds. It is the foundation of character, self-esteem and leadership that determines the direction youth takes. Their direction begins with a strong parent/child relationship and it builds as schools and community organizations take an active role in children's character development.

Participants will gain a new perspective on life while building character and leadership skills in a nurturing and safe environment. The program empowers participants and points them on the path to become productive citizens.

There will be total of five workshops that will focus on social and life skills training: (1) Etiquette 101; (2) Cultural Diversity & Tolerance; (3) Financial Management; (4) Responsible Citizens; (5) Victim Prevent, Risky Behaviors and Making Healthy Choices. Some classes will have pre and post test assessments. The summer camp will culminate with an one-day educational trip to Atlanta. Certificate of Completion will be presented at the end of training.

**WORKSHOP AGENDA August 8 – 13, 2011**

**Monday, August 8, 2011 - Etiquette 101**

*Instructors: Karen Smith, Executive Director of Julia's Closet & TAPS Resources*

<u>Time</u>	<u>Event</u>
8:30 - 9:00	Registration
9:00 – 9:10	Opening Prayer Welcome & Introduction
9:10 – 10:00	Social & Communication Skills
10:00 – 10:55	Interviewing Skills
11:00 – 12:00	Table Manners: The Art of the Interview Dinner
12:00 – 1:00	Lunch / Guest Speaker – Topic: Kindness & Assertiveness
1:00 – 1:50	Assessment & Journal Entries
1:50 – 2:00	Closing Remarks & Adjournment

**Tuesday, August 9, 2011 - Cultural Diversity & Tolerance**

*Instructor: Lecia J. Brooks, Director of Outreach, Southern Poverty Law Center - Focus on Tolerance*

<u>Time</u>	<u>Event</u>
9:00 – 9:10	Opening Prayer Welcome & Introduction
9:10 – 12:00	Tolerating Difference & Attacking Bullying
12:00 – 1:00	Lunch / Guest Speaker Topic: Tolerance
1:00 – 1:50	Art Mural & Journal Entries
1:50 – 2:00	Closing Remarks & Adjournment

**Wednesday, August 10, 2011 - Financial Management**

*Instructors: Kearra Robinson, Financial Consultant Focus on Responsibility*

<u>Time</u>	<u>Event</u>
9:00 – 9:10	Opening Prayer Welcome & Introductions
9:10 – 10:00	You and Your Money: Budgeting Checking & Savings
10:00 – 11:00	Credit & You
11:05 – 12:00	Smart Investing
12:05 – 1:00	Lunch/ Speaker Topic: Responsibility
1:00 – 1:50	Assessment & Journal Entries
1:50 – 2:00	Closing Remarks & Adjournment

**Thursday, August 11, 2011 - Responsible Citizen**

*Instructor: Dr. Gwen Butler, Owner of Oasis Business Consulting Firm*

<u>Time</u>	<u>Event</u>
9:00 – 9:10	Opening Prayer Welcome & Introduction
9:10 – 11:00	Traits of a Good Citizen
11:00 – 12:00	Cleanup Project Gateway Park
12:00 – 1:00	Lunch/Speaker Montgomery City Councilor Jon Dow, District 6 Topic: Reliability & Trust
1:00 – 1:50	Assessment & Journal Entries
1:50 – 2:00	Closing Remarks & Adjournment

**Friday, August 13, 2011 - Risky Behaviors & Making Right Choices**

*Instructor: 100 Black Men of Montgomery Focus on Abstinence*

<u>Time</u>	<u>Event</u>
9:00 – 9:10	Opening Prayer Welcome & Introduction
9:10 – 10:00	Impulse Control & Problem Solving
10:00 – 10:55	Anger Management
11:00 – 12:00	Good Relationships
12:00 – 1:00	Lunch Topic: Abstinence
1:00 – 1:50	Assessment & Journal Entries
1:50 – 2:00	Closing Remarks & Adjournment

**Saturday, August 14, 2011 - Mobile/Gulf Shores Itinerary**

<u>Time</u>	<u>Event</u>
7:00 am	Depart Montgomery
9:00 am	Arrive in Mobile
9:00 am	Tour Gulf Cost Exploreum Science Center
12:00 pm	Lunch
1:00 pm	Tour Mobile
2:00 pm	Gulf Shores Beach Retreat
6:00 pm	Leave Mobile
8:30 pm	Arrive in Montgomery